

Bereavement Resources

A Place to Remember: www.aplacetoremember.com

Uplifting support materials and resources for those who have been touched by a crisis in pregnancy or the death of a baby.

Bereaved Parents of the USA, St. Louis Chapter: www.bpustl.org

A nationwide self-help organization designed to aid and support bereaved parents and their families as they struggle through their grief after the death of a child.

Bo's Place: www.bosplace.org

A bereavement center offering grief support services to children, ages 3 to 18, and their families who have experienced the death of a child or an adult in their immediate family, as well as programs for grieving adults. Bo's Place is founded on the belief that grieving children sharing their experiences with each other greatly helps in their grief journey. Bo's Place is located in Houston.

Centering Corporation: www.centering.org

Dedicated to providing education on grief and loss for professionals and the families they serve.

Faces of Loss, Faces of Hope: www.facesofloss.com

A place for us to come together and share our stories and our faces with others who may be looking for reassurance that they are not alone (in miscarriage, stillbirth and infant loss).

HAND: www.hand.net

A greater Houston area-based pregnancy and infant loss support group for parents whose babies have died any time from conception through late infancy. Our mission is to help parents cope with the feelings of grief and isolation that accompany the loss of a baby.

Hygeia Foundation: www.hygeiafoundation.org

An international community of compassion, empathy and support for families who have endured the tragedy of miscarriage, stillbirth and neonatal/infant loss.

March of Dimes: www.marchofdimes.com

Our mission is to improve the health of babies by preventing birth defects, premature birth and infant mortality. We carry out this mission through research, community services, education and advocacy to save babies' lives. March of Dimes researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against the threats to their health: prematurity, birth defects, low birthweight.

M.E.N.D. (Mommies Enduring Neonatal Death): www.mendhouston.com

A Christian, non-profit organization that reaches out to families who have suffered the loss of a baby through miscarriage, stillbirth, or early infant death. M.E.N.D. offers several support and play groups in the Houston area.

MISS Foundation: www.missfoundation.org

A volunteer-based organization committed to providing crisis support and long-term aid to families after the death of a child from any cause. MISS also participates in legislative and advocacy issues, community engagement and volunteerism, and culturally competent, multidisciplinary, education opportunities. The MISS Foundation website included information on local support groups.

Perinatal Support of Texas: www.perinatalsupportoftexas.org

An organization dedicated to offering resources, support and assistance with decision-making to families given a life-limiting prenatal diagnosis.

SHARE: www.nationalshare.org

Serving those whose lives are touched by the tragic death of a baby through pregnancy loss, stillbirth or in the first few months of life. The primary purpose is to provide support toward positive resolution of grief experienced at the time of, or following the death of a baby. This support encompasses emotional, physical, spiritual and social healing as well as sustaining the family unit.

The Compassionate Friends: www.thecompassionatefriends.com

The Compassionate Friends is about transforming the pain of grief into the elixir of hope. It takes people out of the isolation society imposes on the bereaved and lets them express their grief naturally. With the shedding of tears, healing comes. And the newly bereaved get to see people who have survived and are learning to live and love again. The Compassionate Friends network has chapters in the Houston and surrounding areas.

The Light Beyond: www.thelightbeyond.com

A forum, short movie, blog, e-cards and library to support those in grief.

The Women's Place: www.women.texaschildrens.org/Our-Services/Behavioral-Health-and-Education

Providing specialized, expert care for loss and grief (including stillbirths, miscarriage or the death of a child during the first year) in a warm, supportive environment.

UNITE: www.unitegriefsupport.org

Offers a number of services to grieving parents and their caregivers including the following: grief support groups, literature, educational programs, training workshops, group development assistance and referral assistance.

Online memorials:

Forever Missed: www.forevermissed.com

Last Memories: www.last-memories.com

Memory Of: www.memory-of.com

Remembered Forever: www.remembered-forever.org

Additional Grief Support Books and Resources

For children:

- When Dinosaurs Die: A Guide to Understanding Death by Laurie Krasny Brown, illustrated by Marc Brown
- The Fall of Freddie the Leaf: A Story of Life for All Ages by Leo Buscaglia, Ph.D.
- Lifetimes: A Beautiful Way to Explain Death to Children by Bryan Mellonie, illustrated by Robert Ingpen
- The Kids Book about Death and Dying: By and For Kids by Eric Rofes

Spanish for children:

- El Arbol de Suenos/The Dream Tree by Fernando Alonso
- La Fiesta Del Dia de Los Muertos/The Day of the Dead “Fiesta” by Jorge Ancona Diaz
- Yo Siempre Te Querré/i’ll Always Love You by Hans Wilhelm

For preteens & teens:

- When a Friend Dies: A Book for Teens about Grieving and Healing by Marilyn E. Gootman
- Straight Talk about Death for Teenagers: How to Cope with Losing Someone You Love by Earl A. Grollman

For parents:

- Lost Lullaby by Deborah Golden Alecson and Kathleen Nolan
- Mom: A Mother’s Journey from Loss to Hope by Cynthia Baseman
- Parenthood Lost: Healing the Pain after Miscarriage, Stillbirth, and Infant Loss by Michael R. Berman, M.D.
- When the Bough Breaks: Forever after the Death of a Son or Daughter by Judith Bernstein
- Empty Cradle, Broken Heart: Surviving the Death of Your Baby by Deborah Davis
- Loving and Letting Go: For Parents Who Decided to Turn Away from Aggressive Medical Intervention for Their Critically Ill Newborns by Deborah L. Davis
- When God Doesn’t Make Sense by Dr. James C. Dobson
- Recovering from the Loss of a Child by Katherine Fair Donnelly
- Our Baby, Our Love, Our Loss by Kathi Evans
- Grieving Dads by Kelly D. Farley
- Couple Communication After a Baby Dies: Differing Perspectives by Sherokee Ilse and Tim Nelson
- A Broken Heart Still Beats: After Your Child Dies by Anne McCracken
- A Guide for Fathers: When a Baby Dies by Tim Nelson
- How to Survive the Loss of a Child: Filling the Emptiness and Rebuilding Your Life by Catherine Sanders
- Strong And Tender: A Guide for the Father Whose Baby Has Died by Pat Schwiebert
- Given in Love but Not Mine to Keep: Finding Strength in the Loss of a Newborn Child by Jan Wolfe Rosales
- Coming to Term: A Father’s Story of Birth, Loss, and Survival by William Woodwell Jr.
- A Gift of Time: Continuing Your Pregnancy when your Baby’s Life is expected to be Brief by Amy Kuebelbeck and Deborah L. Davis

Spanish for parents:

- Cuando Hola Significa Adios by Pat and Kirk P. Schwiebert

For grandparents:

- Forgotten Tears: A Grandmother’s Journey through Grief by Nina Bennett
- When a Grandchild Dies: What to Do, What to Say, How to Cope by Nadine Galinsky