Instructions for Texas Pediatric Society CME Proposal Form
2020 TPS Annual Meeting

I. Deadline
Deadline to submit proposals for the 2020 TPS Annual Meeting is January 7, 2020.

II. General Instructions
Only proposals that are complete and submitted electronically on the proposal form will be considered for presentation.

III. Needs Assessment/Gap Analysis (Character Limit of 1400 – Including Spaces):
Proposals responsive to the attached needs assessment report have a higher chance of acceptance. The report includes responses from the 2019 annual meeting evaluations and the 2020 Needs Assessment member survey. This section documents the perceived “gap” or “need” for this presentation and should include dates of new guidelines, “gaps” in the knowledge of practitioners, patients and/or parents, etc. A basic needs analysis is required for the initial submission to be considered complete and may be revised following acceptance of the proposal. Gap analysis frequently references the literature and represents “what’s new” or “what’s different.” See sample below.

Gap or Needs Analysis – EXAMPLES:
The Female Athlete Triad (triad), a phenomenon occurring when energy intake does not compensate for exercise energy expenditure has been a recognized health phenomenon for over 2 decades. Originally viewed as 3 different components, disordered eating, amenorrhea and bone density abnormalities, the understanding of the relationship between these issues has evolved and the triad is now viewed as a spectrum of health in multiple areas. In 2016, the AAP’s council on sports medicine and fitness released a clinical report on The Female Athlete Triad (triad) citing the importance of its recognition due to increasing numbers of female athletes and a growing concern about athletes who do not adequately compensate for their energy expenditure and thereby develop either a single component or multiple components of the triad (Kelly, 2016). It is estimated that up to half of exercising female adolescents have at least one component of the triad (Hoch, 2009) however, a prior study of pediatricians noted that only 20% were able to correctly identify all 3 components of the triad (Porucanik, 2009). In addition to the AAP clinical report, in the past 3 years, the American College of Obstetricians and Gynecologists, the American College of Sports Medicine and the International Olympic Committee have also issued updates and statements about the triad and Relative Energy Deficiency in Sport. Because adolescence is such a critical time period for bone mass accrual, early recognition and treatment of patients with the triad is crucial for optimal long-term health outcomes and pediatricians are at the front lines of diagnosis of this important phenomenon.

Gap Analysis References – EXAMPLE:

Typically, references that would be appropriate to quote are no older than 5-10 years and are “evidence based” guidelines, systematic reviews or other high quality articles suggesting a change in practice.

IV. Active Learning Strategies: Modern adult learning theory, strategies and evidence for best practices in learning call for reduced lecture time and increased active learning; therefore, sessions lasting longer than an hour must utilize an active learning strategy during at least 33% of session duration. Suggested formats include: table top exercises, a “game” like jeopardy, small group interaction with reporting back to large group.

Proposals for the active learning component for sessions lasting > 1 hour must be briefly described in the proposal and the “handout” or exercise or activity must be submitted along with the call for materials to the syllabus.

V. Speaker Expenses/Honoraria
A speaker honorarium of $500 per CME hour is offered to defray registration or travel expenses. The honorarium is prorated up or down based on the length of the session. If more than one (1) speaker is participating in the CME presentation they will share the honorarium. Our honorarium does not cover travel and associated expenses for out of state speakers.

VI. Ethics Credit
To qualify for Ethics Credit the topic must discuss and/or apply moral values and responsibilities in the areas of clinical practice and/or research.

VII. Webinar Topics
If you (your speaker) would be willing to present the topic as a 1-hour post-annual meeting webinar if it is not accepted for the 2020 annual meeting program, please check this option on the proposal form. Dates and honorarium will be discussed with the speaker upon completion of the selection process. Note, this option will require the speaker to develop pre and/or post meeting test.

For More Information Contact: Amy White, CAE | TPS Director of Special Programs | Amy.white@txpeds.org | 512-370-1519

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