CME Programs

Thursday Sessions: 8:30 am – 4 pm
AMA PRA Category I Credits™: 5 hours
Ethics Credit: 2 hours
MOC Part II: 1 hour

8:30 – 9:15 am Legacy D-E
Neurodevelopmental Dysfunction in the School Age child & adolescent: When attention problems are NOT ADHD-related

Objectives:
1. Distinguish between normal neurodevelopmental variation in executive functioning and true ADHD in adolescent
2. Differentiate impact of secondary attention problems related to specific learning disorder and executive dysfunction associated with nonverbal learning disability
3. Identify cognitive symptoms of depression in adolescent that may mimic ADHD

Speaker: Mariela D Gulbronson, MD, FAAP

9:15 – 10 am Legacy D-E
Behavioral Interventions for ADHD: Meds Are Great, but What Else Should We (Could We?) Be Doing?

Objectives:
1. Identify the evidence-based treatments for ADHD and reasons for their use in preschoolers and school-aged children with ADHD diagnosis
2. Establish expectations for families about Parent Management Training, and establish a Daily Report Card for school-aged children with ADHD
3. Facilitate the delivery of high-quality, evidence-based behavioral interventions for preschoolers and school-aged children with ADHD

Speakers: Anne-Marie Hain, MD and Tracy L Harrington, PhD

10 – 10:15 am Break

10:15 – 11 am Legacy D-E
Primary Care Approach to ADHD and Mental Health: Partnering with Neuropsychology

Objectives:
1. Identify factors and symptoms that might point to comorbid pediatric mental health conditions (e.g. anxiety, depression, traumatic stress)
2. Differentiate when a child is best served by primary care management of ADHD vs. referral for in-depth neuropsychological evaluation: looking at the whole child
3. Summarize the benefits of pediatric neuropsychological evaluations for diagnostic formulation and treatment planning: a partnered approach

Speakers: Veronica Meneses, MD, MSHS
Michael S McLean, Psy D

11 – 11:45 am Legacy D-E
Food Actually IS Medicine: Innovative and Practical Approaches to Nutrition Counseling

Objectives:
1. Review the rapidly emerging current evidence for food-related disease
2. Recognize the complex and multifactorial etiologies contributing to obesity, particularly in children exposed to stress and/or trauma
3. Demonstrate practical skills and strategies to discuss food and dietary change with patients and families through a role-play simulation

Speakers: Heidi K Roman, MD and Jaclyn Lewis Albin, MD

11:45 am – 1:30 pm Lunch in Exhibits Hall

AFTEERNOON CONCURRENT SESSIONS

1:30 – 2:30 pm Legacy D-E
Social Determinants of Health and LGBT Youth: Practical Strategies for the General Practitioner [Ethics]

Objectives:
1. Describe the unique health risks and challenges often encountered by LGBT and gender diverse youth
2. Identify community resources that provide support to LGBT and gender diverse youth
3. Identify strategies for identification of, and office-based care for, LGBT youth

Speaker: M Brett Cooper, MD

1:30 – 2:30 pm Windrose 1
Health Literacy: Tips and Tricks for Busy Pediatricians to Enhance Communication with Patients and Families [Ethics] & [MOC Part II]

Objectives:
1. Demonstrate an awareness of the problem of health literacy in delivering quality pediatric care
2. Define and utilize terms including “plain language,” “readability level,” “health numeracy,” and “teach back”
3. Demonstrate the ability to use an online “readability checker” find “plain language handouts,” edit documents with word processing software to achieve desired literacy level, and “teach back”

Speaker: Laura E Ferguson, MD, MD, Med, FAAP

1:30 – 2:30 pm Windrose 2
Set It and Forget It: Navigating Ethical and Legal Controversies of Long-Acting Contraception in Special Adolescent Populations [Ethics]

Objectives:
1. Describe the historical, legal, and ethical situations of providing confidential contraceptive services to adolescents with a particular emphasis on long-acting reversible contraception
2. Review the age of sexual consent in Texas and strategies to report abuse or neglect when appropriate
3. Determine adolescent medical decision-making authority and consent for contraception in the context of special adolescent populations

Speakers: Jenny K Rodriguez Francis, MD, MPH
Heidi K Roman, MD

2:30 – 3 pm Break

3 – 4 pm Legacy D-E
Psychotropic Medication Prescribing in Children and Adolescents: Beyond the Basics [Ethics]

Objectives:
1. Summarize the indications, interactions, and side effects of psychotropic medications
2. Describe the selection, monitoring, and follow up of psychotropic medication
3. Identify available prescribing guidelines and resources for psychotropic medication

Speakers: Kimberly E Stone, MD, MPH, FAAP
Mohsin Khan, MD

3 – 4 pm Legacy D-E
Care-Based Clinical Care of Youth with Gender Dysphoria for Pediatricians [Ethics]

Objectives:
1. Conduct a discussion with youth and parents regarding gender identity
2. Explain the diagnosis of gender dysphoria and list the medications used in its management
3. Summarize the ethical issues related to treating youth with gender dysphoria

Speakers: May Lau, MD, MPH
Ximena Lopez, MD
Heather K Newby, LCSW

3 – 4 pm Windrose 1
Implementation of a Comprehensive Medical Home Model for Children with Special Needs [Ethics]

Objectives:
1. List the three pillars of an effective Health Home Model
2. Describe the “Team-based Model” of interaction between the service coordinator, the primary care physician, and the managed care organization
3. Begin the process of strategizing how to operationalize the health home concept in your practice for children with both complex medical conditions as well as extensive behavioral health issues

Speakers: Ernest Buck, MD
Fredrick A McCurdy, MD, PhD, MBA
Carmen Rocco, MD
Jo Ann Garcia, RN, BSN
CME Programs

Friday, September 20

Friday Sessions: 9:15 am – 5:30 pm
AMA PRA Category I Credits™: 5.5 hours
Ethics Credit: 4 hours
MOC Part II: 3.25

MORNING CONCURRENT SESSIONS

9:15 – 10:15 am
Hospital Statusing and Documentation in a New Age: Understanding Medicaid Regulatory Requirements

Objectives:
1. Demonstrate knowledge of a bundled-payment coding and reimbursement model
2. Summarize best practices for accurate documentation of patient care
3. Identify appropriate patient statusing for in-hospital care

Speakers: Alyssa A Riley, MD, MEd; Jennifer Goodrich, MD
Alan W Mincher, MD

Teaching Assistants: Annemarie G Wolfe, MD
Dan Quan, MD

9:15 – 9:45 am
Application of the Science of Nurture to NICU (MOC Part II Session)

Objectives:
1. Summarize the development of the autonomic nervous system
2. Describe nurture
3. Discuss the family nurture intervention study in NICU

Speaker: Alice Kim Gong, MD

9:15 – 10:15 am
Discipline Strategies and Parent Child Interaction Therapy (PCIT)

Objectives:
1. Identify the latest evidence on the long-term outcome of children disciplined with corporal punishment to the families they serve
2. Identify the evidence-based parent education programs promoting positive and effective discipline techniques
3. Demonstrate knowledge of evidence-based discipline strategies when interacting with families

Speakers: Anne-Marie Hain, MD
Reagan L Kinneer, PhD, LP, NCSP

9:45 – 10:15 am
Seminal Advances (and Errors) in Neonatology Through the Decades

Objectives:
1. Identify that a knowledge of history allows a more careful approach to both new and old potential therapies
2. Summarize the history of neonatology allows an appreciation of the ethical issues involving this population
3. Can demonstrate the pitfalls and biases that may be present in assessing new treatment in the neonate

Speaker: Michael E Speer, MD

10:15 – 10:30 am Break

10:30 – 11:00 am
Billing and Coding From the Already Too Busy Pediatrician

Objectives:
1. Summarize different levels of care
2. Present real world cases and examples of billing
3. Identify useful codes to maximize revenue in everyday practice

Speaker: Marcial A Oquendo Rincon, MD, FAAP

10:30 – 11:00 am
The Opioid Crisis and Neonatal Abstinence Syndrome (NAS) [Ethics]

Objectives:
1. Identify newborns at risk for NAS
2. Recognize the symptoms of NAS and discuss treatment options
3. Describe potential long-term sequelae of fetal exposure to opioids

Speaker: Tiffany Mckee-Garrett, MD, FAAP

10:30 – 11:00 am
Concussions in Children: What's new and how should it change my practice?

Objectives:
1. Summarize new CDC/AAP evidence-based guidelines on outpatient concussion evaluation including patients who require ED evaluation and neuroimaging
2. Demonstrate understanding of current CDC/AAP recommendations on outpatient concussion management including return to play and return to learn guidelines
3. Identify patients who require referral to a sports medicine or concussion specialist for further management of concussion.

Speakers: Tracery Mccallin, MD
Shane M Miller, MD, FAAP

11 – 11:30 am
Beyond the Opioid Epidemic-Neonates Exposed to Other Illicit Drugs [Ethics]

Objectives:
1. Demonstrate the increase in maternal substance abuse and as a nation are we prepared?
2. Recognize the congenital effects in neonates and gaps in available evidence based management in neonatal withdrawal from these illicit substances
3. The complicated social aspect of maternal substance abuse

Speaker: Monica Ramos, MD

11 – 11:30 am
Typical and Atypical Development-When Should We Be Concerned?

Objectives:
1. Identify at least 3 examples of typical social communication development in infants and in toddlers
2. Identify at least 3 pertinent social communication indicators for immediate evaluation including patients who require ED evaluation and neuroimaging
3. Identify at least 3 new action items to incorporate into practice from the PCP Road Map

Speaker: Pauline A Filipek, MD, FAAP

11:30 am – 1:30 pm Lunch in Exhibits Hall

1:30 – 2:30 pm
Strategies to Enhance Compassion Satisfaction and Reduce Burnout and Traumatic Stress [Ethics]

Objectives:
1. Differentiate burnout, secondary traumatic stress, and compassion satisfaction, and outline their scope and impact in physicians
2. Identify evidence-based strategies individuals can take to increase compassion satisfaction and reduce stress
3. Discuss organizational-level shifts than can increase wellness and reduce burnout

Speakers: Sara E Pollard, PhD and Heidi K Roman, MD

1:30 – 2:30 pm
Providing a Health Welcome: Care of the Immigrant Child

Objectives:
1. Describe the immigrant child population and the unique health factors that impact immigrant children and their families
2. Discuss communication techniques for obtaining an immigration history
3. Use case studies to demonstrate how to utilize immigrant-specific clinical resources to develop a diagnostic and treatment plan for the immigrant child
4. Outline strategies to address the physical, mental, and psychosocial health needs of immigrant children in different clinical settings

Speakers: Padma Swamy, MD, MPH
Karla M Fredricks, MD, MPH
Hilda Loria, MD, FAAP
Lisa Ayoub-Rodriguez, MD
Jessica Gomez, PsyD
CME Programs

1:30 – 1:15 pm
Keeping Kids Safe Around the Water: Updates and AAP Recommendations on Drowning Prevention
[MOC Part II Session]

Objectives:
1. List the most current drowning statistics nationwide and the problem’s scope in the state of Texas
2. Describe the key drowning prevention strategies outlined in the revised AAP drowning policy statement
3. Utilize epidemiology of drowning and knowledge of water safety counseling to develop anticipatory guidance on drowning for pediatric patients

Speakers: Shabana Yusuf, MD and Tracy E McCallin, MD

2:30 – 3:15 pm
Physician Wellness and Resilience [Ethics]

Objectives:
1. Review current trends for resident and career physician burnout and job satisfaction
2. Identify factors that help promote organizational and individual resilience
3. Discuss individual and group experiences with seeking help

Speaker: Alyson Kiyoko Nakamura, MD

2:30 – 3:15 pm
Immigration Law, Policy, and Advocacy: The Role of the Pediatrician [Ethics] (Repeated)

Objectives:
1. Review current immigration law and policy as it relates to immigrant children
2. Recognize the impact of immigration-related laws and policies on the health and well-being of immigrant children and families
3. Discuss the various ways that pediatricians can advocate for the health and well-being of immigrant children

Speakers: Hilda M Loria, MD, FAAP; Lisa Ayoub-Rodriguez, MD; Mary Elizabeth Cedillo-Pereira, JD; and Kim C Avila Edwards, MD

3:15 – 3:45 pm Break

3:45 – 4:45 pm
Strategies to Enhance Compassion Satisfaction and Reduce Burnout and Traumatic Stress [Ethics] (Repeated)

Objectives:
1. Differentiate burnout, secondary traumatic stress, and compassion satisfaction, and outline their scope and impact in physicians
2. Identify evidence-based strategies individuals can take to increase compassion satisfaction and reduce stress
3. Discuss organizational-level shifts than can increase wellness and reduce burnout

Speakers: Sara E Pollard, PhD and Heidi K Roman, MD

3:45 – 4:45 pm
Providing a Health Welcome: Care of the Immigrant Child (Repeated)

Objectives:
1. Describe the immigrant child population and the unique health factors that impact immigrant children and their families
2. Discuss communication techniques for obtaining an immigration history
3. Use case studies to demonstrate how to utilize immigrant-specific clinical resources to develop a diagnostic and treatment plan for the immigrant child
4. Outline strategies to address the physical, mental, and psychosocial health needs of immigrant children in different clinical settings

Speakers: Padma Swamy, MD, MPH; Karla M Fredricks, MD, MPH; Hilda Loria, MD, FAAP; Lisa Ayoub-Rodriguez, MD; and Jessica Gomez, PsyD

3:45 – 5:30 pm
Substance Use Disorders: Practical Tips for Pediatricians

Objectives:
1. Describe techniques to screen and assess youth with substance use disorders
2. Perform the brief intervention for substance use counseling
3. Explain the behavioral and varied medication-assisted treatment options for substance use disorders

Speakers: May Lau, MD, MPH; David L Atkinson, MD; and Sheryl Ryan, MD

4:45 – 5:30 pm
Physician Wellness and Resilience [Ethics] (Repeated)

Objectives:
1. Review current trends for resident and career physician burnout and job satisfaction
2. Identify factors that help promote organizational and individual resilience
3. Discuss individual and group experiences with seeking help

Speaker: Alyson Kiyoko Nakamura, MD

Saturday, September 21

Saturday Sessions: 8 am – 5 pm
AMA PRA Category I Credits™: 6.5 hours
Ethics Credit: 1.5 hours

8 – 8:30 am
Don’t Forget to Remember: HIV Screening in Adolescents

Objectives:
1. Describe the epidemiology of HIV infection in the United States that places adolescents at risk
2. Review the guidelines for HIV screening in adolescents in clinical settings
3. Explore boundaries to HIV testing and strategies for increasing testing in clinical practice

Speakers: Susan L Gillespie, MD, PhD

8:30 – 9 am
Uncharted Frontiers of Adolescent PrEP: Inviting Primary Care Providers to Join

Objectives:
1. Propose step-wise approach to adolescent PrEP visit in a primary care setting
2. Demonstrate comprehensive sexual history algorithm to assess risks and determine PrEP eligibility for adolescents
3. Identify barriers to adolescent PrEP

Speakers: Gayatri Mirani, MD

9 – 9:45 am
Let’s Work Together to Stem the Tide of Rising Syphilis in the United States

Objectives:
1. Identify the current problem of congenital syphilis in Texas relative to the nation and historical data
2. Demonstrate the ability to interpret maternal testing and treatment for syphilis
3. Summarize the workup and treatment for an infant with or at risk for congenital syphilis

Speaker: Pablo J Sanchez, MD

9:45 – 10 am Break

Poster Contest Viewing – Stop by during break
CME Programs

**10 – 11 am**
**Gun Violence and the Role of the Pediatrician [Ethics]**

**Objectives:**
1. Identify the ethical obligations of the pediatrician as it pertains to gun violence
2. Recognize the various legislation surrounding firearms in TX and at the federal level
3. Develop skills in the assessment of firearms and role of gun violence with pediatric patients

**Speaker:** Sandra McKay, MD, FAAP

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**11 – 11:30 am**
**AAP Update**

**Objective:**
1. Discuss current challenges facing pediatricians and the practice of pediatrics

**Speakers:** Sara Goza, MD, FAAP & Mark Del Monte, JD

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**11:30 am – 1:30 pm Awards Lunch**

**Windrose Ballroom**

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**1:30 – 2 pm**
**Legislative Update: What Happened to Children and Pediatricians During the 2019 Legislative Session [Ethics]**

**Objective:**
1. Identify the impact of changes made during the 2019 legislative session to policies and laws in Texas which affect the care of children and the ethics and business of pediatric practice

**Speakers:** Seth D Kaplan, MD, FAAP & Joyce Elizabeth Mauk, MD, FAAP

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**2 – 3 pm**
**Lessons Learned as Participants of the Central Texas Pediatric Trauma Learning Collaborative**

**Objectives:**
1. Review objectives and lessons covered in the Central Texas Pediatric Trauma Learning Collaborative
2. Identify resources to connect patients with needed supports, including resources identified in the CTXLC
3. Discuss CTXLC participants’ current and future initiatives to continue identifying and addressing ACEs, SDxH, and childhood trauma

**Speakers:** Maraian Linnell, MD & Kimberly C Avila Edwards, MD

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**3 – 3:15 pm**
**Break**

**Legacy Foyer**

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**3:15 – 3:45 pm**
**An Educational Journey for Pediatricians to Optimize Antimicrobial Use for URIs**

**Objectives:**
1. Enhance pediatrician knowledge of current recommendations for the indication and use of antibiotics for the management of pediatric URIs
2. Engage pediatricians in challenging case discussions to allow demonstration of improved ability to manage pediatric URIs
3. Discuss strategies to use with parents when conflict arises regarding a suggestion of “watchful waiting” is made for the management of a pediatric URI

**Speaker:** Lindsay Hatzenbuehler Cameron, MD, MPH

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**3:45 – 5 pm**
**Jacobi Jug 2019**

**Objective:**
1. The interactive competition will allow audience to discuss five key topics in each of six highly needed educational areas with 30 questions to be presented over a 75-minute period

**Speakers:** Emily M Hopkins, MD

Ohmed Khilji, MD

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**Sunday, September 22**

**Sunday Sessions: 8:30 am – 12:15 pm**

**AMA PRA Category I Credits™:** 4 hours

**Ethics Credit:** 3 hours

**MOC Part II:** 2 hours

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**8 – 9 am**
**The Infant with Neonatal Hypoglycemia: Competing Guidelines, Advent of Dextrose Gel, and Long Term Outcomes**

**Objectives:**
1. Identify the factors that place the newborn at risk for hypoglycemia
2. Identify the utility of a hypoglycemia management pathway that includes dextrose gel
3. Summarize the long-term neurodevelopmental outcomes of infants with recurrent neonatal hypoglycemia

**Speaker:** Kaashif A Ahmad, MD, MSc

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**9 – 10 am**
**The Role of the Pediatrician in Recognizing and Managing Postpartum Depression [Ethics] & [MOC Part II]**

**Objectives:**
1. Define the role of pediatricians in screening mothers for PPD in the pediatric office
2. Define how maternal PPD and child health outcomes are associated
3. Identify the appropriate pediatric screening tool for PPD

**Speakers:** Charleta Guillory, MD, MPH & Yvette R Johnson, MD, MPH

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**10 – 10:15 am**
**Break**

**Legacy Foyer**

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**10:15 – 11:15 am**
**Children: The Youngest Victims of the Substance Abuse Crisis in Texas [Ethics] & [MOC Part II]**

**Objectives:**
1. Participants will identify recent state and federal legislation regarding the treatment of substance use disorder
2. Participants will recognize the impact of parental SUD on families and the child welfare system
3. Participants will be able to apply new legislative strategies for SUD treatment to their clinical encounters

**Speakers:** Anne Heiligenstein & Rachael J Keefe, MD, MPH, FAAP

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**11:15 am – 12:15 pm**
**The Challenge of Informed Refusal: Patients/Parents Accepting Risk and Physicians Avoiding Liability [Ethics]**

**Objectives:**
1. Physicians should identify the four critical components of informed refusal regarding the patient’s/parent’s decision to decline medical care or management
2. When informing the patient/parent, the physician should include (1) building trust, (2) using a mix of science and anecdotes, and (3) communicating with presumptive language
3. Documentation in the medical record should summarize that each of the four critical components was explained by the physician and understood by the patient/parent

**Speaker:** Carolyn A Woodfork-Richardson, MD, FAAP