

CME Programs

Thursday, September 6

MORNING SESSIONS – TWO CONCURRENT TRACKS

8:30 – 11:45 am

AMA PRA Category I Credits™: 3 hours
ETHICS CREDIT: 1.5 hours

Autism Track

8:30 – 9:15 am **Autism Track**

Sorting Out The Puzzle: Identification and Evaluation of Autism Spectrum Disorder

Lone Star E

Objectives:

1. Describe the diagnostic criteria for ASD based on the Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition
2. Describe the range of signs and symptoms of ASD
3. Describe the screening for ASD including effective use of screening tools, and referral options for evaluation. Be aware of appropriate screening devices for autism and how to use them effectively

Speaker: James A. Phalen, MD, FAAP

9:15 – 10 am **Autism Track**

When Behaviors Are Really Falling Apart: Psychopharmacology of Autism Spectrum Disorder

Lone Star E

Objectives:

1. Recognize common behavioral symptoms seen in children with ASD that may be a focus of psychotropic medication use
2. Identify medication treatment of behavioral symptoms with an emphasis on evidence-based use of medications

Speaker: Nhung T. Tran, MD, FAAP

10 – 10:15 am **Break** Prefunction B

10:15 – 11 am **Autism Track**

Handling All the Pieces: Management of Autism Spectrum Disorder

Lone Star E

Objectives:

1. Describe the medical evaluation after a child receives a diagnosis and common co-morbid medical problems in ASD
2. Describe the developmental and behavioral interventions in a child with ASD and when to consider them
3. Discuss common complementary and alternative medicines and therapies

Speaker: Melissa Svoboda, MD

11 – 11:45 am **Autism Track**

Sexuality Issues in Youth with Autism [ETHICS]

Lone Star E

Objectives:

1. Describe DSM5 Criteria for Autism Spectrum Disorder and relate criteria to sexual development. Discuss gender dysphoria in individuals with Autism Spectrum Disorders
2. Delineate barriers to supporting healthy socio-sexual development and functioning in youth with autism spectrum disorder at the parent/family, teacher/educational, provider and community levels
3. Utilize evaluations to identify sexual health status in a youth with autism and provide appropriate recommendations for sexual health education programs for school and home settings

Speaker: Veronica M. Meneses, MD, MSHS

Complex Care Track

8:30 – 9:15 am **Complex Care Track**

Coming Back to Our Senses: Improving Health and Developmental Outcomes of the Child with Tracheostomy Dependence

Lone Star F

Objectives:

1. Recognize the prevalence of children with tracheostomy tube dependence, the most common indications for placement and common co-morbid conditions
2. Identify different tracheostomy tubes and adjuncts along with indications for each; followed by the ability to demonstrate proper technique of tracheostomy tube insertion through simulation
3. Optimize health and developmental outcomes of children with tracheostomies using a simple mnemonic to guide timely evaluation/referral of airway complications, communication delays, and dysphagia

Speakers: Michelle I. Thomas, MD
Eric Gantwerker, MD, MS, MSSc

9:15 – 10 am **Complex Care Track**

Approach to Addressing Caregiver Stress in Special Pediatric Populations [ETHICS]

Lone Star F

Objectives:

1. Examine the literature that demonstrates impact of caregiver stress and well-being on child health, particularly in families of children with special health care needs
2. Evaluate validated screening tools for caregiver stress and well-being and discuss potential processes to incorporate screening into clinical practice
3. Discuss interventions to address caregiver stress in clinical practice

Speakers: Michelle I. Thomas, MD
Heidi K. Roman, MD

10 – 10:15 am **Break** Prefunction B

10:15 – 11 am **Complex Care Track**

The 2nd Most Common Cause of Developmental Delay: Improving Health and Developmental Surveillance of Children with 22q11.2 Deletion Syndrome

Lone Star F

Objectives:

1. Review 22q11.2 Deletion Syndrome prevalence, range of clinical features, and 2011 JPeds Practical Guidelines
2. Describe the spectrum of behavioral and psychiatric phenotypes in 22q11.2 Deletion Syndrome along with risk factors in order to improve screening and anticipatory guidance
3. Examine the guidelines for screening, treatment, and psychopharmacological intervention in order to improve evaluation and referral of children with 22q11.2 Deletion Syndrome

Speakers: Michelle I. Thomas, MD
Veronica Bordes Edgar, PhD, ABPP

11 – 11:45 am **Complex Care Track**

Children with Medical Complexity: Palliative Care Principles for the General Pediatrician [ETHICS]

Lone Star F

Objectives:

1. Discuss palliative care principles and the role the PCP can play in helping to set goals of care
2. Identify strategies to introduce palliative care principles to families
3. Review shared decision making tools

Speaker: Katherine G. Maddox, MD

CME Programs

Thursday, September 6

11:45 am – 1:30 pm Lunch Lone Star A-C

AFTERNOON CONCURRENT SESSIONS

1:30 – 4 pm (includes 30 minute break)

AMA PRA Category I Credits™: 2 hours

ETHICS CREDIT: 2 hours

Defusing the Situation: What Experts Can Teach Us About Managing Difficult Interactions with Patients and Families [ETHICS]

Lone Star D

Objectives:

1. Recognize at least three techniques hospitalist must practice in order to manage difficult conversations
2. Develop strategies to manage difficult conversations and apply them to common scenarios encountered in practice

Speakers: *Jorge Ganem, MD*
Lynn Thoreson, DO
Janie E. Black, PhD

Visual Diagnosis of Anogenital Conditions: What's Up Down There?

Lone Star E

Objectives:

1. Develop a schema of normal anogenital anatomy and anatomical variants
2. Create a lexicon for describing both non-traumatic and traumatic findings on anogenital exam
3. Compare vulvar and anal infections that are at high, low and intermediate risk for sexual abuse

Speaker: *Marcella Donaruma-Kwoh, MD*

The Changing Landscape of Health Care for Texas Children in Foster Care [ETHICS]

Lone Star F

Objectives:

1. Describe the unique vulnerabilities of children in foster care that necessitate specialized health care
2. Discuss the new DFPS 3 in 30 initiative and be able to implement the new 3 day medical exam in their practices
3. Identify how different practice settings and regions meet the special needs and requirements for children in foster care and identify resources within their region

Speakers: *Valerie Borum Smith, MD*
Anu Partap, MD, MPH
Michal M. Pankratz, MD
Rachael J. Keefe, MD, MPH, FAAP

Friday, September 7

MORNING CONCURRENT SESSIONS

9:30 – 11:30 am

AMA PRA Category I Credits™: 2 hours

ETHICS CREDIT: 2 hours

Psych for Tykes: Primer on Pediatric Psychopharmacology

Lone Star D

Objectives:

1. Describe the basic principles and approaches in the use of psychotropic medications in children
2. Describe the use of psychotropic medication in the common conditions in primary care (Anxiety, Depression, ADHD) using case-based approach
3. Describe the signs, symptoms and conditions that require referral

Speakers: *Nhung T. Tran, MD, FAAP*
Karen Seroussi, DO

The Anti-Vaccine Movement in Texas: How We Got Here and What You Can Do About It [ETHICS]

Lone Star E

Objectives:

1. Describe the history of the anti-vaccine movement nationally and in the state of Texas
2. Explain AAP guidelines on Countering Vaccine Hesitancy and practice the CASE method for talking to parents
3. List specific current vaccine legislation in Texas and practice ways physicians can advocate for evidence-based vaccine policy

Speakers: *Lindy McGee, MD*
Susan H. Wootton, MD

The Care and Feeding of Intestinal Rehabilitation in the Short – Gut NICU Graduate: Impact of Texas Collaborative (TCHMB)

Lone Star F

Objectives:

1. Review the benefits of breastfeeding and human milk for babies in the NICU
2. Describe the state initiatives to improve human milk use in the NICU for better neonatal outcomes in Texas
3. Develop for the primary care physician an Intestinal Rehabilitation plan for short gut or feeding intolerant NICU graduates

Speakers: *Amy Hair, MD*
Charleta Guillory, MD, MPH

11:30 am – 1:30 pm Lunch Lone Star A-C

EARLY AFTERNOON – CONCURRENT SESSIONS

1:30 – 3:15 pm

AMA PRA Category I Credits™: 1.75 hours

ETHICS CREDIT: 1.75 hours

In Utero Drug Exposure and Neonatal Abstinence Syndrome: Addressing the Pediatric Health Sequelae of the Drug Abuse Epidemic [ETHICS]

Lone Star F

Objectives:

1. Outline the scope of the current opioid epidemic and its impact on the pediatric population
2. Discuss diagnostic and treatment strategies for Neonatal Abstinence Syndrome (NAS)
3. Evaluate available data regarding long-term impact of in utero drug exposure (IUDE) and discuss approach to mitigating this impact via early intervention

Speakers: *Heidi K. Roman MD*
Cecilia A. Lazcano, MS

Water Safety Education and Drowning Prevention in Clinical Settings – A Physician Office Initiative

Lone Star E

Objectives:

1. Describe basic quality improvement concepts and learn how to initiate a clinical process improvement project in your own clinical setting
2. Utilize pediatric drowning statistics and water safety counseling strategies with patients in a your clinical setting
3. List barriers and challenges to the implementation of a quality improvement initiative and creation of an associated MOC project

Speakers: *Shabana Yusuf, MD*
Tracy E. McCallin, MD

1:30 – 2:30 pm

How to Perform a Preparticipation Physical Evaluation

Lone Star D

Objectives:

1. Describe the PPE monograph and its components
2. Perform a musculoskeletal and cardiac exam pertinent for the PPE
3. Discuss when to refer an athlete for further evaluation

Speaker: *Jane S. Chung, MD, FAAP*



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Friday, September 7

2:30 – 3:15 pm

Exercise ≠ Amenorrhea: Exploring the Female Athlete Triad

Lone Star D

Objectives:

1. Identify the 3 main components of the Female Athlete Triad
2. Recognize adolescence as a critical time for diagnosis and treatment of patients with the Female Athlete Triad
3. Describe treatment options for patients diagnosed with Female Athlete Triad

Speaker: Maria C. Monge, MD

3:15 – 3:45 pm Break in the Exhibits Hall

LATE AFTERNOON – CONCURRENT SESSIONS

3:45 – 5:30 pm

AMA PRA Category I Credits™: 1.75 hours

ETHICS CREDIT: 1.75 hours

Obesity and Eating Disorders: Know the Behaviors Before Addressing the Weight

Lone Star E

Objectives:

1. Recognize the lifetime and current prevalence of disordered eating and eating disorders in adolescents and young adults with elevated BMI
2. Describe how to screen for common disordered weight control behaviors
3. Apply the diagnostic criteria of eating disorders frequently seen in patients with obesity (binge eating disorder, bulimia nervosa, night eating syndrome, and atypical anorexia nervosa)

Speaker: Sharonda Alston Taylor, MD

Partnering with Behavioral Health: How an Integrated Approach Can Address the Mental Health Sequelae of Toxic Stress in the Pediatric Primary Care Setting [ETHICS]

Lone Star F

Objectives:

1. Describe the integrated medical-behavioral model of care as an approach to addressing the mental health sequelae of toxic stress in the pediatric primary care setting
2. Utilize case studies to demonstrate the practice of an integrated approach in the management of ADHD, developmental delay, and depression
3. Outline strategies and considerations in the provision of integrated care within the pediatric primary care setting

Speakers: Hilda Loria, MD, FAAP
Sara Pollard, PhD
Cecilia A. Lazcano, MS

3:45 – 4:30 pm

The Changing Landscape of Tobacco, Nicotine, and E-Cigarettes — How Do We Protect our Children? [ETHICS]

Lone Star D

Objectives:

1. Describe the impact of electronic nicotine delivery systems (including e-cigarettes, vapes, Juul, and others) on youth
2. Counsel patients and parents about the many harms of tobacco and nicotine - both active use and exposure
3. Identify and assess tobacco dependence, and counsel about effective treatments - for both tobacco dependent adolescents and for their parents

Speaker: Harold Farber, MD, MSPH, FAAP

4:30 – 5:30 pm

Marijuana: the State, the Mother, and the Child [ETHICS]

Lone Star D

Objectives:

1. Discuss the current status of marijuana legalization
2. Discuss marijuana during pregnancy & breastfeeding
3. Analyze the effect of marijuana exposure on fetus and neonate

Speaker: Sanjeet K. Panda, MBBS, MD, FAAP

Saturday, September 8

PLENARY SESSION

AMA PRA Category I Credits™: 6.5 hours

ETHICS CREDIT: 3.25 hours

8 – 9 am

A Pediatrician's Primer on Safe Prescribing and Disposal of Prescription Opioids [ETHICS]

Lone Star A-C

Objectives:

1. Describe the neurobiology of psychotropic drugs in youth
2. Discuss the epidemiology of prescription drug misuse in youth
3. Utilize safe prescribing patterns and drug disposal of prescription opioids in your practice and community

Speaker: Rohit P. Sheno, MD

9 – 9:45 am

Common Pediatric Fractures: Evaluation, Imaging, What to Manage and When to Refer [ETHICS]

Lone Star A-C

Objectives:

1. Discuss the etiology and mechanism of injury of the most common pediatric fractures, including non-accidental trauma patterns
2. Obtain and interpret appropriate imaging studies to identify pediatric fractures
3. Discuss appropriate management for common pediatric fractures

Speaker: Robert Vezzetti, MD, FAAP, FACEP

9:45 – 10 am Break – Poster contest presentations – stop by during break

10 – 10:30 am

Hypertension Guidelines – 2017

Lone Star A-C

Objectives:

1. Discuss the updated guidelines of 2017 by ACC/AHA on diagnosis and management of hypertension
2. Implement guidelines for children and young adults with hypertension
3. Discuss effective strategies to implement these guidelines in daily practice of medicine

Speaker: Arathi Shah, MD, FAAP

10:30 – 11 am

Legislative Update: What's Ahead for Texas Children and Pediatricians in the 2019 Texas Legislative Session? [ETHICS]

Lone Star A-C

Objectives:

1. Provide updates on changes in policy and laws in Texas which effect the care of children and the ethics and business of pediatric practice
2. Identify how members can be involved and identify TPS priorities

Speakers: Joyce Elizabeth Mauk, MD
Seth Kaplan, MD, FAAP

11 – 11:30 am

Update on AAP Priorities

Lone Star A-C

Objectives:

1. Identify current AAP priorities and provide a general update on national initiatives
2. Discuss current challenges facing pediatricians and the practice of pediatrics

Speaker: Kyle Yasuda, MD, FAAP

11:30 am – 1:30 pm Awards Luncheon & Business Meeting

Lone Star D-F

Saturday, September 8 (continued)

1:30 – 2:30 pm

The Care of Children with Congenital Heart Disease in Their Primary Medical Home

Lone Star A-C

Objectives:

1. Educate the PCP of the findings and recommendations of this newly published policy statement
2. Outline anticipated problems encountered by this patient population
3. Discuss guidelines for the care of the child with congenital heart defects

Speaker: [M. Regina Lantin-Hermoso, MD, FAAP, FACC, FASE](#)

2:30 – 3 pm

Healthy Beverages for Kids: How to Educate and Advise Families

Lone Star A-C

Objectives:

1. Describe role of fruit juice, sports drinks, and other beverages in the pediatric diet
2. Identify implications of policies regarding healthy beverages for children
3. Review recent evidence about beverages, added sugars, and pediatric obesity

Speaker: [Steve Abrams, MD](#)

3 – 3:15 pm Break – Poster contest presentations – stop by during break

3:15 – 3:45 pm

Diagnosing a Noisy Breather: Stridor in Infants

Lone Star A-C

Objectives:

1. Differentiate between different types and patterns of noisy breathing in infants and children (stertor vs. stridor, inspiratory vs expiratory vs biphasic)
2. Identify the most common causes for different types of noisy breathing in infants and children
3. Describe the initial workup and management of infants with laryngomalacia and reasons for concern and need for urgent referral/evaluation

Speaker: [Joshua Bedwell, MD, FACS](#)

3:45 – 5 pm

2018 Jacobi Jug

Lone Star A-C

Objectives:

1. Discuss key topics in six highly needed educational areas with thirty questions to be presented over a 75-minute period in the form of a competition between Texas pediatric residency programs

Speaker: [Miranda Loh, DO](#)

Sunday, September 9

PLENARY SESSION

AMA PRA Category I Credits™: 4 hours

ETHICS CREDIT: 1 hour

8 – 9 am

Common Sleep Problems in Children: How to Recognize & Manage

Lone Star A-C

Objectives:

1. Screen for sleep problems in children
2. Recognize that sleep problems in children are multifactorial in nature
3. Manage sleep problems in children

Speaker: [James A Phalen, MD](#)

9 – 10 am

Body Modification in Adolescents

Lone Star A-C

Objectives:

1. Discuss the changing epidemiology of body modification in adolescents and young adults
2. Recognize and manage common complications of body modifications
3. Counsel patients who express a desire to pursue body modifications

Speaker: [Adnan Mir, MD, PhD](#)

10:15 – 11:15 am

Missing Real Life; Electronics Addiction in Children and Adolescents

Lone Star A-C

Objectives:

1. Review epidemiology and evolution of this issue
2. Discuss developmental, social and functional risks
3. Discuss current recommendations and treatment strategies (to include family system)

Speaker: [Karen Seroussi, DO](#)

11:15 am – 12:15 pm

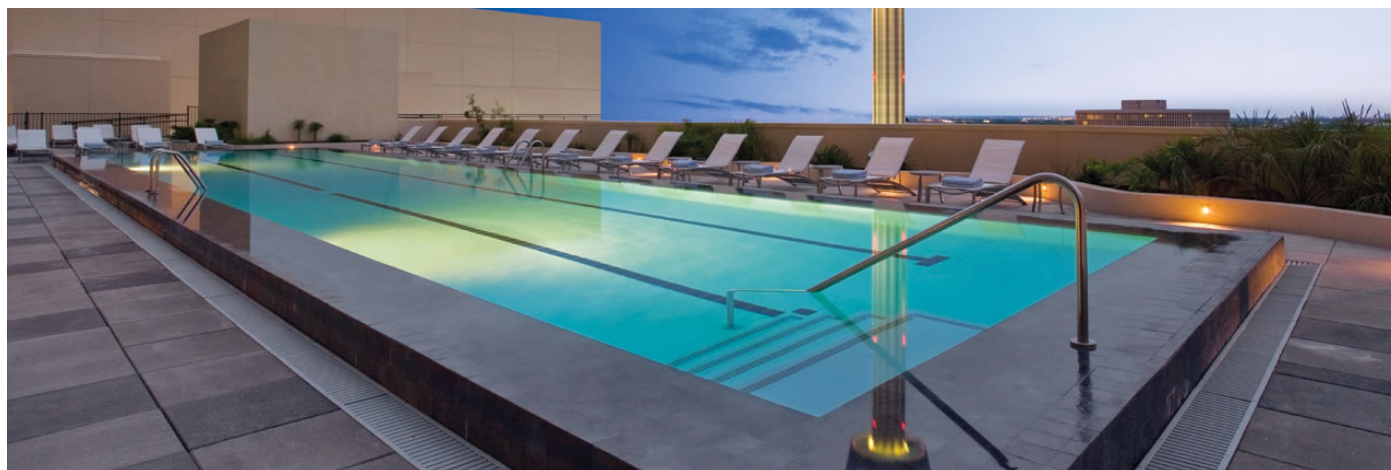
Texas Legislative Advocacy 201 [ETHICS]

Lone Star A-C

Objectives:

1. Describe the Texas Legislative process and how to navigate it to pass a bill and impact the appropriations process
2. Communicate to lawmakers and their staff the nuances of a child health policy proposal
3. Describe how the individual pediatrician and their practice setting can be a resource for lawmakers about child health and well-being policy issues

Speakers: [Ryan Van Ramshorst, MD](#)
[Ben Raimer, MD, FAAP](#)



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