CME Programs - Thursday, October 5

MORNING SESSIONS

**Faces of ACEs Track**

- **8:30-11:45 am**
  - AMA PRA Category I Credits™: 3 hours
  - ETHICS CREDIT: 3 hours

  **8:30-9:15 am**
  - **The Impact of Adversity and Disparity on Child Health** [ETHICS]
    Legacy D-E
  
  **Objectives:**
  1. Appreciate the role that childhood adversity plays in the life trajectory of children
  2. Appreciate how socioeconomic inequality has measurable effects on growing children and their families
  3. Appreciate how the healthcare provider can begin to address adversity in their practice

  **Speaker:** Christopher Greeley, MD, MS

  **9:15-10:00 am**
  - **Who Do I Help First? Evaluation and Treatment of the Young Child Whose Parent Has Mental Illness** [ETHICS]
    Legacy D-E
  
  **Objectives:**
  1. Recognize signs and symptoms of parental mental illness, including use of screening tools, and its impact on children
  2. Identify key experiences, barriers, and facilitators to healthcare partnerships
  3. Identify treatment and referral strategies for the affected child and family

  **Speakers:** Sarah Wakefield, MD & Nhung Tran, MD, FAAP

  **10:00-10:15 am** Break

  **10:15-11:00 am**
  - **More Than Skin Deep: Behavioral and Psychosocial Red Flags That Are Sentinels of Child Maltreatment** [ETHICS]
    Legacy D-E
  
  **Objectives:**
  1. Delineate sentinel findings in well- and ill- child exam settings that should prompt further consideration of child maltreatment at home
  2. Dissect behavioral complaints and observations that can implicate the patient is suffering adverse childhood experiences
  3. Discuss screening strategies for ACEs in primary care settings

  **Speakers:** Jim Lukefahr, MD & Marcella Donaruma-Kwoh, MD

- **11:00-11:45 am**
  - **Practical Application of Screening for Trauma in Pediatric Practice** [ETHICS] Legacy D-E
  
  **Objectives:**
  1. Explore effective methods for screening for trauma in pediatrics office setting, including the Child and Adolescent Trauma Screener (CATS) mobile app and provide pearls for billing for those services
  2. Describe the components of evidence based trauma therapies for which pediatricians should look when referring their patients
  3. Identify strategies to assist parents/foster parents in managing trauma-based behavioral problems in children and adolescents

  **Speakers:** Michal Pankratz, MD, FAAP & Michael D. Gomez, PhD

AFTERNOON CONCURRENT SESSIONS

- **11:45-1:30 Lunch**
  - Legacy A-C

- **1:30-4:00 pm**
  - **Splinting Basics-A Hands-on Workshop on Pediatric Fracture Care Immobilization with a Clubfoot Treatment Update**
    (Splinting supplies donated by 3M)
    Windrose 1 (space is limited)
  
  **Objectives:**
  1. Become familiar with the proper immobilization position for common pediatric fractures
  2. Learn proper splinting technique by practicing applying splints
  3. Understand important techniques to avoid complications associated with splinting and immobilization
  4. Diagnose clubfoot and understand differences between clubfoot, metatarsus adductus, and other foot differences that are commonly treated with splinting

  **Speakers:** Henry Ellis, Jr., MD
  Grant D. Hogue, MD
  Shane M. Miller, MD, FAAP
  Gerard K. Montgomery, MSN, FNP-CFNP

- **Strategies for Managing Behavioral Health Issues in Primary Care Settings**
  Legacy D-E (space is limited)
  
  **Objectives:**
  1. Analyze key components of integration of behavioral health with primary care medicine
  2. Examine evidence based best practices for behavioral health needs in children
  3. Apply concepts of evidence based behavioral health care to commonly encountered case scenarios

  **Speakers:** LeAnn Kridelbaugh, MD, FAAP
  Laura Lamminen, PhD
  Juliana Fort, MD
  Anne-Marie E. Hain, MD, FAAP

- **Navigating the Evidence: A Practical Approach for the Busy Pediatrician** [ETHICS]
  Windrose 2
  
  **Objectives:**
  1. Describe basic principles and importance of evidence based medicine and how to apply to patient care
  2. Recognize different resources available to pediatricians to gather and appraise evidence and develop a strategy for utilization
  3. Practice practical and “on the fly” applications of EBM including patient/family decision making and understanding medical evidence reporting in the media

  **Speakers:** Maria C. Monge, MD, MAT & Erin L. Tresselt, MD
## CME Programs - Friday, October 6

### MORNING CONCURRENT SESSIONS

**AMA PRA Category I Credits™: 2 hours • ETHICS CREDIT: 2 hours**

**9:30-11:30 am**

**Parenting and Discipline: Hands On Skills You Can Use** Windrose 1

**Objectives:**
1. Gain a basic understanding of the ABCs (and DEF) of behavior, and understand how to identify their contributions to a child’s behavior
2. Learn about the results of “Attitudes and Counseling Practices of Pediatric Healthcare Providers in Texas on Spanking” survey
3. Review effective child discipline practices, counseling strategies, and resources to overcome common barriers reported by healthcare providers.
4. Discuss and practice counseling techniques for talking with families during primary care visits about parenting and discipline practices for common scenarios and behaviors

**Speakers:** Michelle Ruda, MD
Cathy L. Gutten tag, PhD
Anne-Marie E. Hain, MD, FAAP

**Finding Success for Youth with ADHD in High School and Beyond** Windrose 2

**Objectives:**
1. Identify prevalence and demographic factors for high school students and young adults with ADHD
2. Understand unique risk factors for high school students and young adults with ADHD related to increased impairment and decreased educational achievement
3. Using ADHD case studies, identify relevant laws and learn to utilize accommodations and advocacy within a multimodal treatment approach involving medical, mental health, school, and family domains
4. Identify services available to students with ADHD in colleges and universities

**Speakers:** Veronica M. Meneses, MD, MSHS & Laura McAuley, MSN, RN, CPNP, PMHS

**Managing Puberty in Youth with Neurodevelopmental Disabilities [ETHICS] Legacy D-E**

**Objectives:**
1. Recognize the unique stressors families face in managing puberty in youth with neurodevelopmental disabilities
2. Outline strategies for supporting youth and their families in understanding and managing changes associated with puberty
3. Identify effective interventions primary care providers can use in their practice

**Speakers:** Grace B. Villarreal, MD & Renee Rodrigues-D’Souza, MD, FAAP

**11:30-1:30 pm** Lunch Legacy A-C

### AFTERNOON CONCURRENT SESSIONS

**AMA PRA Category I Credits™: 3.5 hours • ETHICS CREDIT: 3.5 hours**

**1:30-3:15 pm**

**#SocialMedia: Counseling Adolescents About Social Media Use/Safety** Windrose 1

**Objectives:**
1. The general pediatric provider will know how to incorporate social media use counseling during a preteen/adolescent well child exam
2. General pediatric providers will become familiar with the current social media platforms and applications (apps) that are popular with adolescents (and the jargon that goes along with using them)
3. General pediatric providers will become familiar with signs/symptoms of social media abuse, misuse, and addiction

**Speakers:** Justin Smith, MD & Lisa M. Elliott, PhD

**Top Adolescent Issues and How to Code It!** Windrose 2

**Objectives:**
1. Understand top areas of adolescent issues and how to screen and manage
2. Understand adolescent well visits according to Bright Futures
3. Understand the ICD-10 and CPT codes for the well and sick visit

**Speakers:** Meera S. Beharry, MD, FAAP & Linda Parsi, MD, MBA, CPEDC, FAAP

**3:15-3:45 pm Break**

**3:45-5:30 pm**

**Learning Disorders 801: A Crash Course (Review) for Pediatricians** Windrose 2

**Objectives:**
1. Describe a systematic approach to a child presenting with school failure
2. Describe what are learning disorders and how they are diagnosed
3. Discuss the role of the general pediatrician in the identification and management of children with Learning Disorders including key resources

**Speaker:** Robert D. Gross, MBA, MD, FAAP

**Eye Examination Using the Ophthalmoscope** Windrose 1

**Objectives:**
1. Utilize and operate the features of a standard direct ophthalmoscope with sufficient skill to be able to differentiate normal from abnormal findings
2. Utilize and operate the features of a standard direct ophthalmoscope with sufficient skill to be able to view and examine the optic disc
3. Utilize and operate the features of a standard direct ophthalmoscope with sufficient skill to be able to perform red reflex testing and examine the front of the eye

**Speaker:** Nhung T. Tran, MD, FAAP

**3:15-5:30 pm**

**Practice Administration Session**

**3:45-5:30 pm**

**Bright Futures Screening: Bringing Evidence to Practice** Windrose 3-4

**Objectives:**
1. Learn how evidence is translated into guidelines
2. Understand how to implement evidence based guidelines into clinical practice
3. Consider methods for practice implementation: decision, analysis of required practice changes, medical records, time management, and coding and reimbursement

**Speaker:** Joseph F. Hagan, Jr., MD, FAAP

**3:15-5:45 pm Break**

**6:30-7:30 pm**

**Behavioral Health and Trauma: Current Evidence and Practice Implications** Windrose 2

**Objectives:**
1. Define the magnitude of the migration problem of children and families
2. Describe the impact of violence and trauma on the physical and psychological health of children
3. Recognize some ethical dilemmas in caring for immigrant children, especially those with medical fragility, and understand how shared decision making can apply to this patient population
4. Identify community resources available to medically fragile children who are undocumented and needed areas of advocacy

**Speakers:** Joanne M. McDole, MD & Lisa M. Elliott, PhD

**Medical Child Abuse to Medical Neglect: A Spectrum of Maltreatment [ETHICS] Legacy D-E**

**Objectives:**
1. Recognition and consideration of the screening of your patient population for medical child abuse as well as medical neglect
2. Understand the process to address the child’s abuse, both clinically and in the context of HIPAA and Child Protective Services agency involvement
3. Gain confidence in ethical issues in these cases, including the covert nature in Medical Child Abuse and HIPPA concerns

**Speakers:** Paige Culotta, MD, FAAP & Marcella M. Donaruma-Kwoh, MD

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PLENARY SESSIONS

**AMA PRA Category I Credits™:** 6.5 hours
**ETHICS CREDIT:** 3.25 hours

**8:00-9:00 am**
Legacy A-B

**Objectives:**
1. Pediatricians will understand which genetic test to order and why
2. Pediatricians will understand the limitations of various genetic testing
3. Pediatricians will understand the evolution of current genetic testing

**Speakers:**
Debra Freedenberg, MD, PhD
Charleta Guillory, MD, MPH

**9:00-9:45 am**
**What’s for Dinner? The Role of Pediatricians in Addressing Food Insecurity** [ETHICS]
Legacy A-B

**Objectives:**
1. Participants will understand the prevalence of poverty and food insecurity among children in Texas and the impact of food insecurity on physical, developmental and mental health
2. Participants will be able to efficiently integrate validated food security screening into patient encounters
3. Participants will be able to identify resources within their community to reduce food insecurity and include resource referral intervention in patient encounters to reduce childhood food insecurity

**Speaker:** Valerie Borum Smith, MD

**9:45-10:00 am**
Break - Poster Contest Presentations, stop by during the break.

**10:00-10:30 am**
**Update on AAP Priorities**
Legacy A-B

**Objectives:**
1. Identify current AAP priorities and provide a general update on national initiatives

**Speakers:** Fernando Stein, MD, FAAP
Colleen A. Kraft, MD, FAAP

**10:30-11:30 am**
**Under Pressure-Sport Specialization and Intensive Training in Youth Sports** [ETHICS]
Legacy A-B

**Objectives:**
1. Review benefits of sport participation and risks of overtraining
2. Recognize that adequate rest allows for recovery and decreases the risk of injuries, and be able to give recommendations to parents regarding appropriate rest
3. Explain the benefits of early sport diversification and late specialization

**Speaker:** Shane M. Miller, MD, FAAP

**11:30 am -1:30 pm**
**Awards Luncheon & Business Meeting**
Windrose

**1:30-2:00 pm**
**Legislative Update: What Happened to Children and Pediatricians During the 2017 Legislative Session** [ETHICS]
Legacy A-B

**Objectives:**
1. Identify the impact of the changes made to child health services and physician services by the 2017 Texas Legislature

**Speakers:** Seth D. Kaplan, MD, FAAP
Ryan D. Van Ramshorst, MD, FAAP

**2:00- 3:00 PM**
**What’s New in Pediatric Sedation Medicine?**
Legacy A-B

**Objectives:**
1. Identify changing trends in the tailored approach to pediatric procedural sedation, including the use of non-intravenous techniques such as intranasal sedative agents and inhaled N2O
2. Discuss the current thoughts concerning possible neurotoxic effects of anesthetic and sedative agents on the developing human brain
3. Address the general pediatrician’s role as a patient advocate for the child requiring sedation or general anesthesia

**Speaker:** Daniel J. Sedillo, MD, MBA, FAAP, FAWM

**3:00-3:15 pm**
Break - Poster Contest Presentations, stop by during the break.

**3:15-3:45 pm**
**Proton Pump Inhibitors for Gastroesophageal Reflux: To Use...Or Not to Use? That Is the Question!**
Legacy A-B

**Objectives:**
1. To understand the recommended diagnostic approach for identifying gastroesophageal reflux disease in infants and children
2. To review evidence-based indications for treating infants and older children with proton pump inhibitor therapy
3. To discuss the risks of GERD treatment, including why, when and how to stop treatment

**Speaker:** Eric H. Chiou, MD

**3:45-5:00 pm**
**Jacobi Jug 2017**
Legacy A-B

**Objectives:**
1. The interactive competition will allow audience to discuss five key topics in each of six highly needed educational areas with thirty questions to be presented over a 75-minute period.

**Moderators:** Miranda Loh, DO
Flora Nuñez-Gallegos, MD, MPH
CME Programs - Sunday, October 8

AMERICAN BOARD OF PEDIATRICS CATEGORY I CREDITS™: 4 hours
ETHICS CREDIT: 1 hours

8:00-9:00 am
Practical Guidelines for QI in Your Practice—with Added Benefits
Legacy A-B

Objectives:
1. Describe basic steps of a QI Project: identify need; implement change; measure effect; reassess
2. Identify area in your practice that needs QI; apply this process
3. Discuss “added benefits” of QI Projects: meet ACGME requirements for resident training; earn MOC credit

Speaker: Sandra Jo Ehlers, MD

9:00-10:00 am
Period Drama: Evaluating and Managing Adolescent Females with Abnormal Uterine Bleeding
Legacy A-B

Objectives:
1. Define normal and abnormal uterine bleeding in adolescent females
2. Discuss the work-up of adolescent females with abnormal uterine bleeding
3. Formulate a management plan for adolescent females with abnormal uterine bleeding
4. Discuss hemostatic defects as an important etiology for abnormal uterine bleeding for the non-hematologists

Speakers: May Lau, MD, MPH
Ayesha Zia, MD

10:00-10:15 am
Break

10:15-11:15 am
Health Literacy & Patient (Family) Education [ETHICS]
Legacy A-B

1. Describe how to improve interpersonal communication with patients
2. Create and use patient-friendly written materials

Speaker: Michael E. Speer, MD

11:15 am -12:15 pm
Havin’ a Great Fall: Pediatric Head Injury
Legacy A-B

1. Discuss the etiology and significance of pediatric head injury
2. Identify important historical/physical exam findings and discuss appropriate utilization of imaging in pediatric head injury
3. Discuss treatment and disposition, including appropriate subspecialty followup in children with head injury

Speaker: Robert Vezzetti, MD, FAAP, FACEP

THE TEXAS PEDIATRIC SOCIETY FOUNDATION’S ANNUAL BENEFIT

SATURDAY OCTOBER 7TH 6:30-10PM RENAISSANCE DALLAS AT PLANO LEGACY WEST

TICKETS $95

Get tickets when you register for the meeting or visit txpeds.org/annual-benefit.

Honoring
Caryl & Jose Gonzalez

Texas Pediatric Society Foundation
Providing for the Health, Welfare, and Safety of our Children