

# CME Programs - Thursday, September 15

## MORNING SESSIONS

8:30 – 11:45 am

AMA PRA Category I Credits™: 3 hours  
ETHICS CREDIT: 1 hour

8:30 – 9:30 am

### My Child Isn't Talking: Speech-Language Disorders in Children Room 408

#### Objectives:

1. Describe the difference between speech and language
2. Describe the screening, evaluation and management of speech-language disorders in children
3. Know how to interpret results of speech-language therapy reports

*Speaker: Nhung T. Tran, MD, FAAP*

9:30 – 10:30 am

### The First Texas Pediatric Society Learning Collaborative: the Chapter Quality Network ADHD Project Room 408

#### Objectives:

1. Outline the Texas Pediatrics Society's response to member quality improvement needs
2. Discuss the goals of the partnership between the Texas Pediatric Society and the American Academy of Pediatrics in the Chapter Quality Network (CQN) Attention Deficit Hyperactivity Disorder (ADHD)
3. Discuss the impact of the project on one participating practice, Austin Regional Clinic

*Speakers: Kimberly C. Avila Edwards, MD  
Tammy M. Camp, MD*

## 10:30 – 10:45 am BREAK

10:45 – 11:45 am

### Quality & Safety in Healthcare: Recognizing the Roles of Stress & Burnout [ETHICS] Room 408

#### Objectives:

1. Recognize the roles of stress and burnout to quality and safety in healthcare
2. Identify factors contributing to burnout and lack of wellness
3. Identify interventions pediatricians can use in their own practices

*Speaker: Gautham Suresh, MD, DM, MS, FAAP*

## AFTERNOON CONCURRENT SESSIONS

1:30 – 4 pm (INCLUDES 30 MINUTE BREAK)

AMA PRA Category I Credits™: 2 hours

### Topics in Pediatric Dermatology

Room 410

#### Objectives:

1. Identify and diagnose pediatric acne and apply EBM guidelines to develop effective treatment approaches
2. Identify and diagnose pediatric atopic dermatitis and apply EBM guidelines to develop effective treatment approaches
3. Utilize clinical diagnostic reasoning to differentiate between benign and more worrisome skin lesions, rashes, and infections and understand treatments and when referral to dermatology is recommended

*Speakers: Moise L. Levy, MD  
Lucia Z. Diaz, MD*

### ADHD: Become a Primary Care Expert

Room 408

#### Objectives:

1. Review updated CDC and AAP guidelines for diagnosis, evaluation, and treatment of ADHD, incorporating DSM5 and Task Force on Mental Health criteria
2. Review medical literature regarding pharmacotherapy in ADHD with updates on currently available options, including pros and cons of stimulant vs non-stimulant, and discuss medication management
3. Discuss interactive case discussions on initial ADHD assessment, follow up care, and discernment of common comorbidities, and avoid the more common pitfalls in medication management

*Speakers: Veronica M. Meneses, MD, TSRHC  
Maricela D. Gulbranson, MD, FAAP  
Scott W. Stuart, MD, MS*

### Excellence in Pediatric Education, Lessons Learned: Using Feedback to Get There

Room 412

#### Objectives:

1. Review recommendations for styles of behavior that result in a positive learning environment
2. Describe how receiving feedback can contribute a positive learning environment by identifying common barriers to receiving feedback
3. Demonstrate desirable methods to accept and process feedback

*Speakers: Richard M. Lampe, MD  
Melissa Carbajal, MD  
Gautham Suresh, MD, DM, MS, FAAP*

# CME Programs - Friday, September 16

## MORNING CONCURRENT SESSIONS

AMA PRA Category I Credits™: 2 hours  
ETHICS CREDIT: 2 hours

9:30 – 11:30 am

### Did you see that? A Case-Based Approach to the Pediatric Eye Exam Room 410

#### Objectives:

1. Review components of the pediatric eye exam using an interactive, case-based approach
2. Discuss common ophthalmologic conditions and their presentation in both the inpatient and outpatient setting
3. Demonstrate techniques for specific eye exam components including the “difficult” eye exam

*Speakers:* Alan W. Mincher, MD & Sangeeta Jain, MD

### No Pain, Yes Gain!: Assessing and Reducing Pain in Pediatric Outpatient and Emergent Settings Room 408

Room 408

#### Objectives:

1. Review the common causes of pain in the pediatric outpatient setting, and the benefits of relieving this pain
2. Review non-pharmacologic comfort-measures that can be used to relieve pain, identify the pharmacologic tools that can be used to relieve pain, and review ways to implement these tools in the office setting
3. Review behavioral and pharmacological options for analgesia for emergent procedures, including sedation; Best practices for monitoring and managing adverse reactions will also be discussed

*Speakers:* Robert Martin Vezzetti, MD, FAAP, FACEP  
Robert P. Stephens, MD, FAAP,  
Kimberly D. Stephens, MPA, CCLS

### A Vaccine To Prevent Cancer: the Moral Imperative to Improve HPV Vaccination Rates [ETHICS] Room 412

Room 412

#### Objectives:

1. Discuss the epidemiology of HPV-related cancers, including cervical, vaginal, vulvar, anal, penile, and oropharyngeal cancers
2. Assess the potential impact of HPV vaccination, know how to communicate effectively with patients and colleagues
3. Identify communication challenges and opportunities to discuss HPV vaccination while understanding the importance of Pediatricians and Family Practice doctors in recommending and ensuring completion

*Speaker:* Lois Ramondetta, MD

## EARLY AFTERNOON CONCURRENT SESSIONS

AMA PRA Category I Credits™: 1.75 hours  
ETHICS CREDIT: 1.75 hours

1:30 – 3:15 pm

### Sex and Confidentiality: an Update on STD Guidelines and What You Need to Know About Adolescent Consent and Confidentiality in Texas [ETHICS] Room 408

#### Objectives:

1. Delineate changes to the 2015 CDC STD Treatment Guidelines
2. Assess effect of medical consent and confidentiality laws relating to adolescents in TX
3. Detail skills in speaking with youth about their sexual partners and any accompanying adults about STD testing and treatment

*Speakers:* Meera S. Beharry, MD, Michelle S. Barratt, MD, MPH  
Celia Neavel, MD, FSAHM  
Rebecca Monk Beyda, MD, MS  
Arthi R. Krishnan, MD

### Social Media Boot Camp [ETHICS] Room 412

#### Objectives:

1. Utilize the basics of using social media and activate them in at least 1 social media format by the end of the work-shop
2. Assess how to use social media wisely, safely and ethically to promote TPS advocacy agenda
3. Increase TPS advocacy and public information presence online by increasing the active corps of members using social media to further educational and advocacy goals of the organization

*Speakers:* Lauren Gambill, MD, FAAP & Atoosa Kourosh, MD, MPH

### Management of Thyroid Nodules and Cancer in Children Room 410

#### Objectives:

1. Discuss the approach to a pediatric patient with a thyroid nodule; the management of thyroid cancer and surgical approach and outcomes of thyroid nodules and thyroid cancer in children
2. Review the pediatric thyroid nodule guidelines from the American Thyroid Association
3. Define the role of pediatric oncologist in the management of thyroid cancer

*Speakers:* Monica Esperanza Lopez, MD,  
Ioanna Athanassaki, MD, Raj Venkatramani, MD

3:15 – 3:45 pm BREAK

## LATE AFTERNOON CONCURRENT SESSIONS

AMA PRA Category I Credits™: 1.75 hours  
ETHICS CREDIT: 1.75 hours

3:45 – 5:30 pm

### Obesity: How to Start Early, Prevent Obesity, Avoid Frustration, Know When to Refer and Avoid Calling CPS [ETHICS] Room 410

#### Objectives:

1. Discuss the influence parents have on young children’s obesity related behaviors such as eating, physical activity and screen media use, and identify effective parenting practices to promote healthy choices
2. Describe the most effective communication techniques to empower child, parenting, and family health behavior change
3. Describe when to refer to children with obesity to sub-specialists and allied health professionals

*Speakers:* Stephen James Pont, MD, MPH,  
Jane Simpson Gray, PhD, Teresia O’Connor, MD

### Pediatric Primary Care and The NICU Graduate: A Unique Perspective [ETHICS] Room 412

#### Objectives:

1. Identify challenges and barriers pediatricians encounter in caring for the NICU graduate
2. Identify strategies that will optimize care of the NICU graduate
3. Develop a NICU graduate transitional care plan to a medical home model that will improve quality and safety

*Speakers:* Charleta Guillory, MD, MPH, FAAP,  
Yvette R. Johnson, MD, MPH, Jenny Aguilar, MD

### “What did he do?!” Cases of Challenging Behaviors in Pediatrics Room 408

#### Objectives:

1. Identify features of typical versus atypical behaviors in children
2. Discuss management of challenging behaviors in children, including how to counsel parents and when to refer, using a case-based approach

*Speaker:* Nhung T. Tran, MD, FAAP, Karen B. Seroussi, DO



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# CME Programs - Saturday, September 17

## PLENARY SESSION

AMA PRA Category I Credits™: 6.5 hours  
ETHICS CREDIT: 2.25 hours

**8–9 am**

**Anxiety Treatment, Techniques and Tips From a Child Psychiatrist; Helping You Help Your Patients** Salons D-E

**Objectives:**

1. Review the clinical presentation of anxiety in children and adolescents
2. Discuss evidence-based treatment modalities, including therapies and medication
3. Identify environmental supports for the anxious child; parent-mediated interventions as well as community and educational resources

*Speaker:* Karen B Seroussi, DO

**9–9:45 am**

**The Pediatric Patient and End of Life Care [ETHICS]** Salons D-E

**Objectives:**

1. Assess the difference between withdrawal of care and withholding of care
2. Explain the impact of the 1984 federal Child Abuse Amendment on the care of the critically ill patient
3. Examine and evaluate the role of the Texas Advance Directives Act (TADA)

*Speaker:* Michael E. Speer, MD

**9:45–10 am BREAK**

Poster Contest Presentations, stop by during break.

**10–11 am**

**Adolescents and Long-Acting Reversible Contraceptives - Information for the Primary Care Pediatric Provider** Salons D-E

**Objectives:**

1. Examine the potential role for LARCs in reducing rates of unintended adolescent pregnancy
2. Compare and contrast available LARCs and their clinical effects and characteristics
3. Review appropriate counseling for LARC methods, including addressing common misconceptions, for adolescent patients

*Speaker:* Maria C. Monge, MD, MAT

**11–11:30 am**

**Update on AAP Priorities** Salons D-E

**Objectives:**

1. Identify current AAP priorities and will receive a general update on national initiatives

*Speakers:* Fernando Stein, MD, FAAP  
Karen Remley, MD, MBA, MPH, FAAP

**1:30–2 pm**

**Legislative Update: What's Ahead for Texas Children and Pediatricians in the 2017 Texas Legislative Session?** Salons D-E

**Objectives:**

1. Identify the legislative landscape entering the 2017 Texas Legislative Session and the potential impact of the session on pediatricians and children's health

*Speakers:* Seth D Kaplan, MD, FAAP  
Ryan D. Van Ramshorst, MD, FAAP

**2–3 pm**

**Transition From Pediatric to Adult Health Care for Children with Type 1 Diabetes [ETHICS]** Salons D-E

**Objectives:**

1. Discuss identified needs of CYSHCN in Texas related to transition services
2. Describe guidelines and best practices in providing transition services for CYSHCN including the Got Transition Six Core Elements of Health Care Transition
3. Apply the Got Transition Six Core Elements of Health Care Transition to treating youth and young adults with Diabetes

*Speakers:* Manda Hall, MD  
Kelsey Anderson, MPH

**3:00–3:45 pm BREAK**

Poster Contest Presentations, stop by during break.

**3:15–3:45 pm**

**Results of the 2015 Texas Title V Five Year Needs Assessment [ETHICS]** Salons D-E

**Objectives:**

1. Discuss key results of the 2009/10 National Survey for Children with Special Health Care Needs as they apply to Texas CYSHCN
2. Describe the Texas Title V Needs Assessment process and current priority needs for CSHCN
3. Provide insight to the CSHCN Services Program to inform continued needs assessment activities

*Speaker:* Manda Hall, MD, Raquel Flores, BA, MA

**3:45–5 pm**

**Jacobi Jug Jeopardy** Salons D-E

**Objectives:**

1. Discuss topic areas cited as high/highest priority

*Speaker:* Lauren Gambill, MD

## CONCURRENT SESSION

**3:45–5 pm**

**MOC Concurrent Injury Prevention**

**Birth to 4 yrs Room 415 AB**  
(no CME offered for this activity, additional ticket required)

*Cosponsored by the Ohio APP*

**10 Points MOC Part II**

**Objectives:**

1. Describe the top causes of severe injuries to children birth – 4 years of age
2. Explain the importance of pediatricians discussing injury prevention in the office setting
3. Review recommendations for injury prevention counseling as it relates to child passenger, firearms, water, sleep, and home safety as well as non-accidental trauma

*Speaker:* Michael Gittelman, MD, FAAP



# CME Programs - Sunday, September 18

## PLENARY SESSION

AMA PRA Category I Credits™: 4 hours

8–9 am

### Chagas Disease: A Neglected Parasitic Disease and an Emerging Infection in Infants and Children *Salons D-E*

**Objectives:**

1. Cite the population at risk for Chagas disease in Texas
2. Describe the manifestations of Chagas disease in pregnant women and in infants
3. Employ the best practice procedures for diagnosis and treatment of Chagas disease.

*Speaker: Morven S. Edwards, MD*

8–9 am

### Cells, Microbes, Breastmilk, OH MY! *Salons D-E*

**Objectives:**

1. Describe some unique components of human milk and their benefits to infants
2. Discuss the differences in gastrointestinal microbiomes between babies fed human milk and formula
3. Utilize effective strategies to assist mothers and providers in overcoming some common barriers to successful breastfeeding

*Speaker: Alice K. Gong, MD*

10–10:15 am BREAK

10:15–11:15 am

### Update on Adolescent Vaccines *Salons D-E*

**Objectives:**

1. Restate the current ACIP recommendations for adolescent vaccines
2. Explain the benefits of human papillomavirus 9 vaccine and serogroup B meningococcal vaccines
3. Describe the policy and provider strategies that improve adolescent vaccination rates

*Speaker: Amy Middleman, MD, MSED, MPH*

11:15 am – 12:15 pm

### The Other Half : Sexual and Reproductive Health of Adolescent Males *Salons D-E*

**Objectives:**

1. Describe provision of high-quality sexual and reproductive healthcare to adolescent males
2. Discuss and manage some genital concerns, complaints, and problems of adolescent males
3. Perform sexual and reproductive healthcare testing, counseling, and management for adolescent males

*Speaker: May C. Lau, MD, MPH*

12:15 pm ADJOURN



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