

CME Programs

Thursday, October 1

MORNING SESSIONS

8:30 – 11:45 am

AMA PRA Category I Credits™: 3 hours

8:30 – 9:30 am

Treating Depression in Primary Care: Screening, Treatment, and Treatment Considerations Sugar Land Ballrooms VII -VIII

Graham J. Emslie, MD, Dallas

Laura Lamminen, PhD, Dallas

Objectives:

1. Review the importance for primary care providers to understand and recognize depression along with co-occurring or differential diagnoses.
2. Discuss screening and assessment strategies for evaluating and managing youth with depression and suicidal thoughts and behaviors.
3. Review treatment strategies for youth with depression and suicidal thoughts and behaviors.

9:30 – 10:30 am

Behavioral Screening in Primary Care Sugar Land Ballrooms VII -VIII

Nhung Tran, MD, Temple

Objectives:

1. To describe the prevalence of behavioral problems in the primary care setting.
2. To describe informal and formal methods for identifying behavioral problems in children.
3. To describe how to incorporate formal screening methods (tools) into practice.

10:30 – 10:45 am – BREAK

10:45 – 11:45 am

Connecting the Dots: Chronic Illness, Mental Health, and Behavior Change Sugar Land Ballrooms VII -VIII

David Heckler, PhD, Austin

Objectives:

1. Participants will identify the most common chronic illnesses of childhood and the prevalence of associated mental health problems.
2. Participants will be able to screen patients with chronic illness for comorbid mental health conditions including anxiety, depression, and ADHD.

Houston Community and Environmental Health Bus Tour: The Role of Place in Children's Health

AMA PRA Category I Credits™: 2 hours ETHICS Credit: 2 hours

10:00 am – 2:00 pm (Thursday offsite; arrive at 9:45 am)

Departing from the hotel conference side doors at 10:00 am, the Environmental Health Bus Tour uses a novel approach to introduce pediatric providers to various place-driven environmental factors that few physicians adequately comprehend or include in their treatment plans. The following education sessions will be held on the bus between site visits.

Environmental Health Disparities: What Does This Mean to the Pediatrician? [ETHICS]

Winifred J. Hamilton, PhD, SM, Houston

Objectives:

1. Improve clinical effectiveness by exposing participants to real-life home and neighborhood environments that impact children's health and the effectiveness of traditionally practiced health care.
2. Detail prevention and continuity of care, in the context of regulatory changes in the health-care industry, by linking treatment plans to community-based resources.
3. Discuss various place-based solutions—such as mobile grocery stores and regulations restricting proximity of schools to roadways—that support health care goals.

3. Participants will be able to implement effective strategies to integrate mental health care into chronic disease management principles to improve patient outcomes.

AFTERNOON CONCURRENT SESSIONS

1:30 pm – 4:00 pm (INCLUDES 30 MINUTE BREAK)

AMA PRA Category I Credits™: 2 hours

Achieving Asthma Success: Optimizing Therapy – Not Too Much and Not Too Little: Using Multidisciplinary Teams to Improve Asthma Outcomes Sugar Land Ballrooms IX-X

Harold J. Farber, MD, MSPH, FAAP, Houston

Nyree Benjamin, RN, Houston

Objectives:

1. Diagnose asthma and avoid the pitfalls of overdiagnosis and underdiagnosis.
2. Utilize optimal treatment and develop an action plan that avoids the pitfalls of overuse and underuse.
3. Discuss the role of and be able to use multidisciplinary teams to improve asthma outcomes for your patients.

Up and Coming from Texas: Newborn Screens Magnolia I-III

Gail J. Harrison, MD, Houston

Sanjiv Harpavat, MD, PhD, Houston

Objectives:

1. Identify the timing of CMV testing for newborns with failed newborn hearing screen Proposal.
2. Identify the follow up treatment and management of newborns with congenital CMV Proposal.
3. Identify the importance of early diagnosis of biliary atresia using the direct bilirubin screening test.

The Public Pediatrician: A Practical Workshop for Building a Powerful Social Media Presence As a Healthcare Provider

Sugar Land Ballrooms VII-VIII

Justin Smith, MD, Irving

Brian S. Vartabedian, MD, FAAP, The Woodlands

Objectives:

1. How to build powerful online presence on a time-limited budget.
2. The meaning and importance of the 'dig n pediatric practice.
3. Strategies for handling negative online reviews.
4. Basic ways to maintain a strong Twitter and Facebook presence as a medical professional or practice.
5. How to leverage social media for the personal and practice promotion.



Additional Ticket Purchase Required for Participation

Exposures to Toxins: The Special Vulnerabilities of Children [ETHICS]

Lisa E. de Ybarrondo, MD, FAAP, Houston

Objectives:

1. Improve clinical effectiveness by exposing participants to real-life home and neighborhood environments that impact children's health and the effectiveness of traditionally practiced health care.
2. Address prevention and continuity of care, in the context of regulatory changes in the health-care industry, by linking treatment plans to community-based resources.
3. Stimulate focused discussion about various place-based solutions—such as mobile grocery stores and regulations restricting proximity of schools to roadways—that support health care goals.

CME Programs

Friday, October 2

MORNING CONCURRENT SESSIONS

AMA PRA Category I Credits™: 2 hours
ETHICS CREDIT: 2 hours

9:30 – 11:30 am

Could, Should, Would In Family Education: Balancing Shared Decision Making with Evidence Based Information [ETHICS]

Sugar Land Ballrooms IX-X

Toni Wakefield, MD, FAAP, Austin

Jorge F. Ganem, MD, Austin

Meena Iyer, MD, Austin

Objectives:

1. Analyze key components of SDM, differentiate between 'preference-sensitive care' and 'effective EBM care', and develop effective approaches including motivational interviewing.
2. Discuss key literature on SDM and Patient Decision Aids and how the International Patient Decision Aid Standards (IPDAS) can be utilized to evaluate suitability of individual aids.
3. Describe the barriers utilizing Shared Decision Making in family education settings and discuss techniques to incorporate Shared Making into their work flow.

EBCD Anticipatory Guidance: Best Practices for Birth to 5- How Do You Fit It All In? Magnolia I-III

Rebecca L. Huston, MD, MPH, San Antonio

Julie La Barba, MD, FAAP, San Antonio

Objectives:

1. Recognize the impact of toxic stress and early childhood experiences on Early Brain and Child Development.
2. Summarize the key components of the Bright Futures Guidelines.
3. Implement new approaches and resources into the well child care they deliver.

Transgender 101: Caring for Gender Non-Conforming Children and Adolescents Sugar Land Ballrooms VII-VIII

Jennifer M. Feldmann, MD, MPH, FAAP, Houston

May C. Lau, MD, MPH, Dallas

Colton L. Keo-Meier, PhD, Houston

Objectives:

1. Assist primary care Pediatricians in understanding gender development and identifying and supporting gender non-conforming youth and their families.
2. Outline diagnostic criteria for gender dysphoria and outcomes for gender non-conforming individuals.
3. Detail supportive interventions including medical therapies for puberty suppression, masculinization and feminization as well as resources to assist with caring for gender non conforming youth.

AFTERNOON CONCURRENT SESSIONS

AMA PRA Category I Credits™: 1.75 hours
ETHICS CREDIT: 1.75 hours

1:30 pm – 3:15 pm

An Injury Prevention Toolkit for Primary Care Pediatricians and Their Staff Sugar Land Ballrooms IX-X

Rohit P. Shenoi, MD, Houston

Kristen L. Beckworth, MPH, CHES, CPSTI, Houston

Objectives:

1. Utilize hands-on practical skills involving child passenger safety seats.
2. Discuss practical information involving the prevention of common unintentional childhood injuries.
3. Map a community-based public health approach to childhood injury prevention.

Outpatient Management of Common Respiratory Problems in a NICU Graduate Magnolia I-III

Filomena Hazel Villa, MD, San Antonio

Objectives:

1. Discuss common respiratory problems of a NICU graduate.
2. Discuss outpatient interventions of respiratory disorders in infants with chronic lung disease of infancy.
3. Present outpatient diagnostic studies that will assist in the management of an infant with chronic lung disease.

Breaking Bad News: Approaching Difficult Communication [ETHICS] Sugar Land Ballrooms VII-VIII

Karen E. Johnson, MD, Houston

Objectives:

1. Identify psychological, social and spiritual issues confronting patients when receiving bad news.
2. Identify areas for improvement in delivering bad news to families and implement strategies to enhance knowledge and skills.
3. Demonstrate communication with parents and other family members in a compassionate manner.

3:15 – 3:45 pm BREAK

LATE AFTERNOON – CONCURRENT SESSIONS- REPEATED

AMA PRA Category I Credits™: 1.75 hours
ETHICS CREDIT: 1.75 hours

3:45 – 5:30 pm

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Kristen L. Beckworth, MPH, CHES, CPSTI, Houston

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2. Discuss practical information involving the prevention of common unintentional childhood injuries.
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Filomena Hazel Villa, MD, San Antonio

Objectives:

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Notes

CME Programs

Saturday, October 3

PLENARY SESSION

AMA PRA Category I Credits™: 6.5 hours

ETHICS CREDIT: 1.75 hours

8:00 – 9:00 am

No Bones About It... This is Sports MEDICINE

Sugar Land Ballroom V

Shane M. Miller, MD, FAAP, Plano

Objectives:

1. Discuss current recommendations regarding cardiac screening for sports participation.
2. Detail return to play guidelines following a concussion.
3. Review prevention and treatment of exertional heat stroke.

9:00 – 9:45 am

Separating the Wheat From the Chaff: The Use and mis-use of the medical literature

Sugar Land Ballroom V

Christopher Spencer Greeley, MD, MS, Houston

Objectives:

1. Discuss the basics of how medical journals and papers are structured.
2. Analyze how to critically appraise a journal paper and how to avoid pitfalls.
3. Assess the strengths and weaknesses of the peer review.

9:45 – 10:00 am BREAK

Poster Contest Presentations During the Break

10:00 – 11:00 am

Arboviral and Other Tropical Diseases a Pediatrician Should Recognize

Sugar Land Ballroom V

Kristy Murray, DVM, PhD, Houston

Judith Campbell, MD, Houston

Objectives:

1. Review of the current epidemiology of arbovirus and tropical diseases in Texas and the US.
2. Recognize Dengue, Chikungunya, Chagas disease and other tropical diseases in children.
3. Diagnosis and management of arbovirus infections - what is new?
4. Review epidemiology and pediatric preparedness for emerging infectious diseases such as Ebola.

11:00 – 11:30

Update on AAP Priorities

Sugar Land Ballroom V

Benard P. Dreyer, MD, New York

Objectives:

Following completion of this activity the attendee will be able to identify current AAP priorities and will receive a general update on national initiatives.

11:30 am – 1:30 pm

Awards Luncheon and Business Meeting

Sugar Land Ballroom V

1:30 – 2:00 pm

Legislative Update – What Happened to Children in the 2015 Texas Legislative Session?

Sugar Land Ballroom V

Ryan D. Van Ramshorst, MD, San Antonio

James L. Lukefahr, MD, San Antonio

Objectives:

Following completion of this activity the pediatrician will be able to identify the impact of the changes made to child health services and physician services by the 2015 Texas Legislature.

2:00 – 3:00 pm

A New Day in Texas Pediatric Quality Improvement: Challenges and Opportunities [ETHICS]

Sugar Land Ballroom V

Laura Ferguson, MD, Round Rock

Objectives:

1. Detail the TPS QI taskforce and opportunities for engagement in Texas QI projects to improve healthcare for children.
2. List several quality measures suitable for QI projects in their practice setting and the process by which child health measures are selected.
3. Describe the opportunities and challenges for Texas Pediatric Society to move forward as a leader in improving child health in the state.

3:00 – 3:15 pm BREAK

Poster Contest Presentations During the Break

3:15 – 4:15 pm

Addressing the Challenges of Chronic Kidney Disease (CKD) in Children

Sugar Land Ballroom V

Scott E. Wenderfer, MD, Houston

Objectives:

1. Identify the potential causes of CKD in the pediatric population.
2. Discuss the early, intermediate and tertiary treatment of CKD in the pediatric patient that may delay progression.
3. List the advances in the diagnosis and treatment of children with CKD that lead to improved outcomes.

4:15 – 5:00 pm

Scope and Trends of Child Abuse Hospitalizations; 2004-2010 [ETHICS]

Sugar Land Ballroom V

Christopher Spencer Greeley, MD, MS, Houston

Objectives:

1. Assess the changes in child abuse hospitalizations in the state and the community level factors associated with an increased risk of abuse.

3:45 – 5:00 pm (Concurrent)

Jacobi Jug

Sugar Land Ballroom III - IV

Ittay Moreno, MD, El Paso

Objectives:

The interactive competition format will allow for audience discussion of five key topics in each of six highly needed educational areas and the thirty questions presented over the 75 minute period will allow for a brief discussion of each key topic.

CME Programs

Sunday, October 4, 2015

PLENARY SESSION

AMA PRA Category I Credits™: 4 hours

ETHICS CREDIT: 3 hours

8:00 – 9:00 am

Vaping, Smoke and Mirrors [ETHICS]

Sugar Land Ballroom V

Janet F. Williams, MD, FAAP, San Antonio

Lorena I. Mottu, MSN, APRN, FNP-C, AE-C, Houston

Objectives:

1. Review pathophysiology & epidemiology relative to exposure; explore the array of delivery devices available as well as the known and perceived unique risks of each.
2. Explore the role and efficacy of e-cigarettes and similar products in tobacco cessation; learn where providers can access the latest tobacco use cessation resources and tools for effective counseling of patients and families about risks.
3. Discuss product marketing to youth, regulatory proposals and advocacy opportunities.

9:00 – 10:00 am

When Parents Decline to Follow Medical Advice [ETHICS]

Sugar Land Ballroom V

Regine M. Fortunov, MD, Houston

Tiffany McKee-Garrett, MD, Houston

Objectives:

1. Identify common treatments parents decline and the medical indications for their use.
2. Utilize critical interview skills to identify the likely reason for refusal of medical advice, and the effect of media, culture, family, and religion on decision making.
3. Direct parental discussions based on the category of treatment, i.e. acute vs chronic, preventative vs. therapeutic, and effectively approach the subject of CPS referral.

10:00 – 10:15 am BREAK

10:15 – 11:15 am

Academic Performance Problems in Primary Care: Application in ADHD

Sugar Land Ballroom V

Marsha B. Carpenter, MD, Dallas

Objectives:

1. Analyze basic constructs of educational laws.
2. Recognize importance of diagnosis (Dx) and treatment (Tx) of ADHD in the medical home.
3. Describe how children with ADHD can receive support under federal laws: Section 504 and IDEA (OHI).

11:15 am – 12:15 pm

A Guide to Providing Comprehensive Care to Unaccompanied Minors Immigrating From Central and South America [ETHICS]

Sugar Land Ballroom V

Rachael J. Keefe, MD, MPH, Houston

Objectives:

1. Describe the special needs commonly seen in unaccompanied immigrant children.
2. Understand your role as a pediatric healthcare provider in identifying and caring for this population.
3. Review resources available to assist in caring for unaccompanied immigrant children.

12:15 pm ADJOURN

Thank You

TPS Committee on Medical Education

Thank you to the following members of the TPS Committee on Medical Education who contributed to this year's educational programming:

Laura Ferguson, MD (Co-Chair)

Dennis Conrad, MD (Co-Chair)

Kaashif Ahmad, MD

Tess Ambat, MD

Danny Castro, DO

Sonia Chauhan, MD

Clifford Chen, MD

Bill Dirksen, MD

Gary Floyd, MD

D. Michael Foulds, MD

Lauren Gambill, MD

Alice Gong, MD

Charleta Guillory, MD

Marcus Hanfling, MD

Ikram Haque, MD

Bryan Hill, MD, PhD

Mark Hormann, MD

Lara Johnson, MD

Lauren Kacir, MD

Regina Lantin, MD

Suzanne Lopez, MD

Ashley Lucke, MD

John Menchaca, MD

Elena Ocampo, MD

JD Ortiz (Medical Student)

Kwabena Osman, MD

Dan Richards, MD

Pat Rogers, MD

Rohit Sheno, MD

Gayani Silva, MD

Justin Cook Smith, MD

Michael Speer, MD

Surendra Varma, MD

Daniel Vijeswarapu, MD

Toni Wakefield, MD

Mark Ward, MD

Stephen Whitney, MD



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