

# Instructions for Texas Pediatric Society 2021 TPS Annual Meeting CME Proposal Form

## I. Deadline

Deadline to submit proposals for the 2021 meeting is **December 1, 2020**

## II. General Instructions

Only proposals that are complete and submitted electronically on the proposal form will be considered for presentation.

## III. Needs Assessment Survey Report and Summary of Supportive Literature (Character Limit of 1400 –Including Spaces):

Please reference TPS Member Needs Assessment Survey within your summary. Proposals responsive to the attached needs assessment report have a higher chance of acceptance. A link to the report is included on the proposal page and the report includes responses from 2020-2021 TPS Member Needs Assessment Survey.

This section documents the perceived “gap” or “need” for this presentation and should include dates of new guidelines, “gaps” in the knowledge of practitioners, patients and/or parents, etc. A basic needs analysis is required for the initial submission to be considered complete and may be revised following acceptance of the proposal. See sample below.

### Summary of Supportive Literature – EXAMPLE:

“The Female Athlete Triad (triad), a phenomenon occurring when energy intake does not compensate for exercise energy expenditure has been a recognized health phenomenon for over 2 decades. Originally viewed as 3 different components, disordered eating, amenorrhea and bone density abnormalities, the understanding of the relationship between these issues has evolved and the triad is now viewed as a spectrum of health in multiple areas. In 2016, the AAP’s council on sports medicine and fitness released a clinical report on The Female Athlete Triad (triad) citing the importance of its recognition due to increasing numbers of female athletes and a growing concern about athletes who do not adequately compensate for their energy expenditure and thereby develop either a single component or multiple components of the triad (Kelly, 2016). It is estimated that up to half of exercising female adolescents have at least one component of the triad (Hoch, 2009) however, a prior study of pediatricians noted that only 20% were able to correctly identify all 3 components of the triad (Porucanik, 2009). In addition to the AAP clinical report, in the past 3 years, the American College of Obstetricians and Gynecologists, the American College of Sports Medicine and the International Olympic Committee have also issued updates and statements about the triad and Relative Energy Deficiency in Sport. Because adolescence is such a critical time period for bone mass accrual, early recognition and treatment of patients with the triad is crucial for optimal long-term health outcomes and pediatricians are at the front lines of diagnosis of this important phenomenon.”

### Summary of Supportive Literature Reference – EXAMPLE:

Weiss, A, et al. The Female Athlete Triad. Clinical Report of the American Academy of Pediatrics. Pediatrics. 2016;138(2).

Typically, included references should have been published within the last 5-10 years. Submissions should include up to 3 references.

## IV. Active Learning Strategies: Modern adult learning theory, strategies and evidence for best practices in learning call for reduced lecture time and increased active learning; therefore, sessions lasting longer than an hour must utilize an active learning strategy during at least 33% of session duration. Suggested formats include: table top exercises, a “game” like jeopardy, small group interaction with reporting back to large group.

Proposals for the active learning component for sessions lasting > 1 hour must be briefly described in the proposal and the “handout” or exercise or activity must be submitted along with the call for materials to the syllabus.”

## V. Proposed Speakers:

One speaker per hour of CME is preferred except under very unusual circumstances. Additional speakers will require justification on the proposal form. **Speakers cannot be added after approval of the presentation. This includes the addition of “guests.”**

## VI. Speaker Expenses/Honoraria

A speaker honorarium for an in-person meeting of \$500 per CME hour is offered to defray registration or travel expenses. If more than one (1) speaker is sharing the hour of CME presentation – they will share the \$500 honorarium. Our budget does not have travel and associated expenses for out of state speakers. If a presentation is given virtually the honoraria may be adjusted down.

## VII. Ethics Credit

To qualify for Ethics Credit the topic must discuss and/or apply moral values and responsibilities in the areas of clinical practice and/or research. More information on ethics credit is available on the proposal form.

**For More Information Contact:** Amy White, CAE | TPS Director of Special Programs | Amy.white@txpeds.org | 512-370-1519  
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